

# The Cause of Trismus Revealed



Trismus, or lockjaw, refers to a reduced opening of the human jaws caused by a spasm of the muscles of mastication, or, more often, by trying to swallow a small camera. Temporary trismus (*trismus temporaneo*) is more common than permanent trismus (*trismus permanente*), and, while painful and embarrassing, can often be alleviated by removing the invasive device from one's mouth.