

# The Shout-Out



Franz Liszt's extensive use of the triangle in the third movement of his First Piano Concerto was a shout-out to Chef Nikolai Dinklaker. In February of 1847, the pianist spent a week concertizing before rapturous fans in the city of Kiev. His tour manager had billeted him in a flat directly above the Chuckwagon Grill, where Dinklaker presided and where, early each morning, he clanged his triangle in the traditional way of summoning hearty trenchermen to the breakfast table. Initially annoyed at the pre-dawn ruckus, Liszt changed his mind once he had sampled the house special: gekocht, or sautéed mealworms. And for the rest of his life, whenever Liszt heard a triangle ring, he immediately began to salivate—which was more than a little embarrassing whenever he played S.124.