

The Breema Manipulation



One of the more controversial elements of Ayurvedic massage is the deep tissue Breema manipulation, invented by Hans “Duke” Dinklaker, a police dispatcher from Los Angeles’ Sixteenth District. On one hand, the therapy effectively targets muscles, tendons, ligaments, skin, joints, connective tissue and lymphatic vessels, plus every organ of the gastrointestinal system that begins with a “p”, and does so simultaneously. That’s good. On the other hand, a handful of whiny civil libertarians have characterized as invasive the handcuffs, knee-in-the-groin, and optional “firearm nudge” that the manipulation calls for, no matter they grudgingly admit to immediately experiencing pain relief, reduced depression, and a temporarily salubrious state of invisibility. Bowing to this pressure (ha), some Breema practitioners now employ an unloaded firearm during the massage.